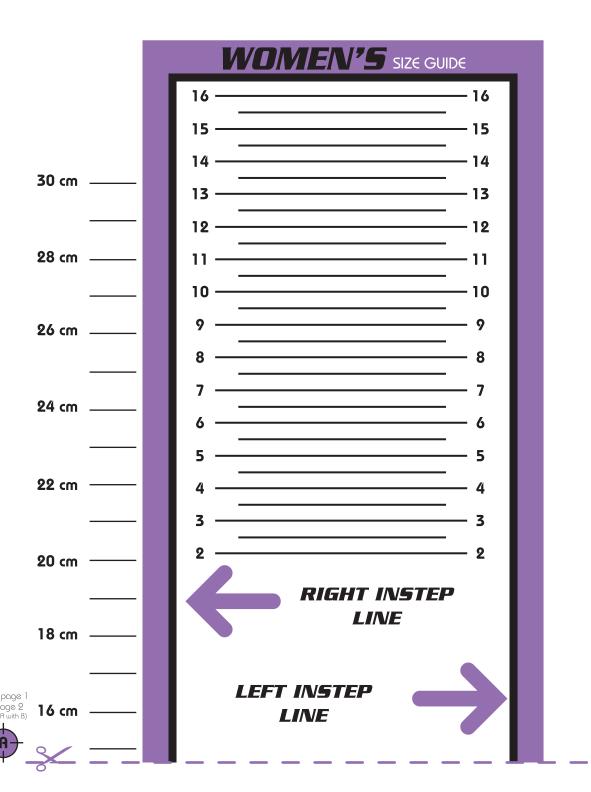
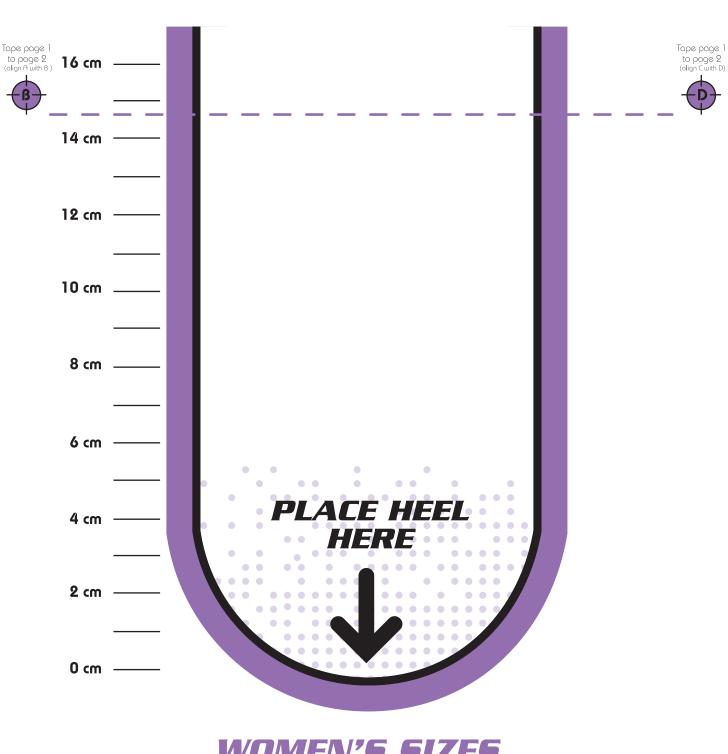


- 1. Print this Guide on 21 cm  $\times$  29.7 cm (A4) paper scaled at 100%. Do not select "Fit to Page" or any similar option.
- 2. With a ruler, check to see if the centimeter marks along the right side of the Guide are accurate. If so, you printed this correctly at 100% scale.
- 3. Place your foot on the measuring guide (without shoe).
- 4. Make sure your instep (inside of foot) is on the line.



Tape page 1 to page 2 (align C with D)



## **WOMEN'S SIZES**

UK			3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8
EURO	35	35.5	36	36.5	37	37.5	38	38.5	39	39.5	40	40.5	41
US	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11